

Resolution 20: Dependable and Inclusive Supply of Pharmaceutical and Essential Nonprescription Supplies

- 4 *Abstract:* This resolution (DISPENSE) supports the creation of a pilot program through Cornell
- 5 Health's Pharmacy for multi-unit vending machines carrying essential nonprescription medicine
- 6 including emergency contraception to increase health accessibility and health equity on campus.
- 7 Sponsored by: Marley Levy '24, Duncan Cady '23, Katherine Esterl '23, Pedro Da Silveira '25,
- 8 Shelby Williams '25, Victor Wu '25, Andrew Richmond '26, Sanvi Bhardwaj '24, Taisa Strouse
- 9 '24, Selam Woldai '23, Planned Parenthood Generation Action at Cornell, et al.
- 10 *Reviewed by:* Executive Committee, 02/07/2023.
- 11 *Type of Action:* Recommendation
- 12 *Originally Presented:* 02/09/2023 4-0-2
- 13 Current Status:
- 14 Whereas, Cornell University has long been a pioneer in advancing women's educational
- 15 opportunities, admitting its first female student in 1870, a mere five years after the University's
- 16 founding and nearly a century before some of our Ivy League peers like Dartmouth, Yale, and
- 17 Columbia;
- 18 Whereas, Cornell University has also historically been a trailblazer in the study of women's
- 19 issues and gender justice, celebrating the 50th anniversary of its Feminist, Gender, and Sexuality
- 20 Studies department last academic year and proudly being the first school in the Ivy League to
- 21 establish such a program;
- 22 Whereas, with the US Supreme Court's decision in *Dobbs v. Jackson's Women's Health*
- 23 Organization last year, reproductive rights and reproductive health access have been placed in
- 24 greater jeopardy nationwide, with many Cornell community members feeling that the need for
- 25 safe and secure access to contraceptives has increased;
- 26 Whereas, unplanned and unexpected pregnancy can place a significant burden on students'
- 27 lives, and the National Campaign to Prevent Teen and Unplanned Pregnancy published a study



Cornell University Student Assembly

- finding as high as 61 percent of pregnant female students dropped out of their academic
 program¹;
- 30 Whereas, the Cornell Student Assembly has long shown strong and clear support for preserving
- 31 reproductive rights and health access for all members of the Cornell community, including as
- 32 recently as last Student Assembly body with Resolution: SA R23: Support for Reproductive
- 33 Rights adopted unanimously on September 9, 2021 (09/09/2021) specifically calling on "Cornell
- 34 University to invest more effort into educating the student body on methods of birth control and
- 35 pregnancy termination services available through Cornell Health and within the greater Ithaca
- area to empower students with independent control over their own bodies and lives"²;
- 37 Whereas, given the recent legislative action and judicial rulings throughout the United States,
- this moment necessitates bold and decisive action to preserve reproductive health access at all
- 39 levels, in all communities, for all people, without shame, danger, fear, or inequities;
- 40 Whereas, equal access to essential healthcare products and services, such as over-the-counter
- 41 medicines (nonprescription), is a fundamental right of all students regardless of circumstance,
- 42 identity, or physical location;
- 43 Whereas, Cornell Health has served as a dependable beacon in an otherwise isolated region for
- students to be treated for various concerns regardless of socioeconomic status, gender identity,
 expression, race, and other demographic factors;
- 46 **Whereas**, many residents of the Cornell community live far from the Cornell Health pharmacy
- 47 on Ho Plaza, with a walk from Robert Purcell Community Center on North Campus taking
- 48 approximately 20 minutes both ways and a walk from the Vet School on East Campus taking
- 49 approximately 25 minutes both ways³;
- Whereas, the Cornell Health pharmacy operates under 50 hours a week, limited to only common
 business hours six days a week⁴;
- 52 Whereas, the medical needs of our community members do not cease with the conclusion of the 53 business day;

¹ <u>https://www.communitycollegereview.com/blog/is-contraception-the-answer-for-college-completion-rates#:~:text=According%20to%20a%20report%20by.end%20up%20finishing%20their%20degrees</u>

² <u>https://assembly.cornell.edu/resolutions/sa-r23-support-reproductive-rights</u>

³ Google Maps

⁴ <u>https://health.cornell.edu/get-care/hours</u>



- 54 Whereas, the nearest retailers to Cornell's campus for Plan B One-Step (name brand) are CVS
- 55 Pharmacy, Walgreens, and Target⁵, all of which are more than a 30-minute walk away one way
- 56 from central campus⁶;
- 57 Whereas, over-the-counter medications, including contraceptives, frequently force students to
- 58 incur large purchasing costs as well as often travel costs paid in time, money, and health in order
- 59 to find such medication in proximity to Cornell's campus;
- 60 Whereas, Planned Parenthood Generation Action (PPGA), an undergraduate student
- 61 organization registered with Cornell University Campus Groups (also affiliated with Planned
- 62 Parenthood), conducted independent research over the last semester on interests and engagement
- around an emergency contraceptive vending machine that would "discreetly", and "accessibly"
- 64 offer Plan B⁷, with all research referenced included voluntarily in Appendix A;
- Whereas, PPGA's Fall 2022 research used a Qualtrics survey with over seven hundred (700)
 voluntary respondents across the Cornell Community⁸;
- 67 Whereas, the survey conducted among Cornell University students revealed a significant need
- 68 for emergency contraception access on campus, with 53.3% respondents answering that they
- 69 have accessed emergency contraception for themselves or others in the past and an
- overwhelming 86.8% of respondents answering that they "strongly agree" that they will need to
- 71 access emergency contraceptives in the future⁹;
- 72 Whereas, current access to emergency contraception on campus is limited due to pharmacy
- operating hours, with only 16.9% of respondents accessing contraceptives through Cornell
- Health and the majority of respondents, 45.5%, being forced to rely on off-campus pharmacies
- that offer less affordable and potentially cost-prohibitive options¹⁰;
- 76 Whereas, PPGA's survey shows a high demand for the expansion of campus-based access to
- emergency contraception, with 66.5% of respondents feeling "very comfortable" accessing
- 78 contraceptives from a vending machine operated by Cornell Health¹¹;
- 79 Whereas, this model has proven successful across other universities with Shippensburg
- 80 University in Pennsylvania became the first colleges in the United States to provide students with
- 81 equal access to contraceptives in a vending machine format in 2012^{12} ;

⁵ <u>https://www.planbonestep.com/where-to-buy-plan-b/</u>

⁶ Google Maps

⁷ Appendix A – PPGA Qualtrics Survey Research

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¹² https://www.nytimes.com/2017/09/28/us/plan-b-vending-machine.html



- Whereas, the Purdue University pharmacy funds and supplies a vending machine that dispenses 82
- 83 common and basic over-the-counter medications such as pain relief, fever reducers, allergy
- relief, cold/cough/flu medicine, gastrointestinal medicine, as well as contraceptives and other 84
- sexual wellness products¹³: 85
- Whereas, peer institutions, including University of California Davis¹⁴, Boston University¹⁵, 86
- University of Florida¹⁶, George Washington University¹⁷, Brandeis University¹⁸, and many 87
- more¹⁹, have already launched similar programs in their respective campus vending machines 88
- across the country, including in states with varying reproductive healthcare access; 89
- Whereas, Ivy League peer institutes like Dartmouth²⁰, Yale²¹, and Columbia²² who once 90
- 91 followed Cornell's leadership on issues of gender justice, all of whom were nearly a century
- behind Cornell in admitting non-male students²³, have now outpaced our campus on essential 92
- 93 reproductive healthcare access;
- 94 Whereas, Cornell has existing business relations with multiple vending machine firms with
- operation in the Ithaca area, specifically having "nearly 300 vending machines throughout 95
- campus" and "in off-campus Cornell facilities in the Ithaca area"²⁴; 96
- 97 Whereas, Cornell University installed twelve (12) dependable Vengo vending machines in 2017
- 98 in locations such as Robert Purcell Community Center and Appel Commons that possess the
- 99 capabilities to dispense items such as Advil and other OTC medications²⁵;
- 100
- 101 Whereas, Stanford University specifically employs a similar machine made by Vengo Labs that
- provides students with twenty-four (24) access to emergency contraception and other sexual 102 wellness products²⁶; 103

- ¹⁸ https://www.boston25news.com/news/plan-b-vending-machine-opens-at-brandeis-university/941130248/
- ¹⁹ https://www.bostonglobe.com/2022/07/31/metro/after-roe-v-wade-more-college-students-want-contraceptionvending-machines-campus/
- ²⁰ https://students.dartmouth.edu/health-service/pharmacy/vending-pharmacy-dicks-house
- ²¹ https://valedailvnews.com/blog/2018/11/29/vcc-launches-plan-b-vending-machine/
- ²² https://columbiachronicle.com/437de6c1-35ae-5c44-abfb-09645ba3a1ae
- ²³https://rmc.library.cornell.edu/cornell150/exhibition/sexcolor/index.html#:~:text=In%20the%20fall%20of%201871 officially%20voted%20to%20admit%20women
- ²⁴ https://scl.cornell.edu/residential-life/dining/eateries-menus/vending-machines

²⁶ https://www.theverge.com/2019/2/11/18216209/contraception-campus-vending-machines-day-after-pill-plan-b

¹³ https://www.purdue.edu/rx/faq.php

¹⁴ https://www.cnn.com/2017/04/21/health/davis-plan-b-machine-trnd/index.html

¹⁵ https://www.bu.edu/articles/2022/new-plan-b-vending-machine-in-gsu/

¹⁶ https://www.foxnews.com/us/university-florida-student-government-oks-plan-b-vending-machines-morning-pill 17

²⁵ https://cornellsun.com/2017/03/07/partnership-between-vengo-labs-and-the-cornell-store-brings-new-vendingmachines-around-campus/



- 104 Whereas, Cornell Health's pharmacy already sells "Progestin-only emergency contraception
- such as *Plan B* [generic], *Plan B One Step*, *Next Choice*, and *Levonorgestrel Tablets*... without a
 prescription²⁷;
- 107 Whereas, generic brand Plan B is currently offered at the Cornell Health pharmacy for only \$10
- 108 (ten dollars), nearly five (5) times less than the average price of \$40-\$50 for a single-dose pill of
- 109 many name brands of Plan B One-Step at local major pharmacies, therefore, the installation of
- 110 the medicine in such machines is unlikely to pose significant additional burden to the
- 111 institution²⁸;
- 112 Whereas, providing readily available over-the-counter medications through vending machines
- 113 will ensure that all students have immediate, private, and equitable access to essential healthcare
- 114 products regardless of schedules or commitments, reducing barriers to access for students who
- 115 face difficulties obtaining such medicines due to factors like limited access to transportation and
- store hours, and ensuring that they have the autonomy to control their own healthcare decisions;
- 117 **Be it therefore resolved,** that the Cornell Student Assembly believes it is necessary for Cornell
- Health to equitably expand access to essential over-the-counter nonprescription drugs and
- emergency contraceptives that support the overall health and wellbeing of all community
- 120 members;
- 121 **Be it further resolved**, Cornell Health should follow the growing movement²⁹ of accessible
- emergency contraceptive and other over-the-counter nonprescription drugs in twenty-four (24)
- hour accessible vending machines that include products ranging from pain and fever relief,
- stomach illness relief, and other relevant over-the-counter medication like our peer institutions³⁰;
- Be it further resolved, the vending machines should be placed in places that are public yet still discrete enough to protect the user's privacy and priced at rates that closely mirror those of the in-person Cornell Health pharmacy;
- 128 **Be it further resolved,** Cornell Health should include relevant accompanying educational
- 129 material around seasonal illness health, health promotion, mental health, sexual health (including
- but not limited to information on STD prevention, birth control, reproductive health and the
- 131 subsequent available resources on reproductive right both inside Cornell Health and around the
- 132 Ithaca area) with vending machines to support campus wide health promotion;

ription ²⁸ https://www.plannedparenthood.org/learn/morning-after-pill-emergency-contraception/whats-plan-b-morningafter-pill#:~:text=How%20Much%20Does%20Plan%20B,online%20for%20%2420%20%2B%20%245%20shipping

²⁷ https://health.cornell.edu/resources/health-topics/sexual-healthrelationships#:~:text=Available%20without%20a%20prescription%3A,Health%20pharmacy%20without%20a%20presc

²⁹ <u>https://www.bloomberg.com/news/newsletters/2022-09-01/emergency-contraception-is-coming-to-us-vending-machines</u>

³⁰ Appendix B – Peer Institution Vending Machine Offerings



- 133 Be it further resolved, the co-signed hope that the Cornell University Assemblies and Shared
- 134 Governance system, in accordance with their receptive charted responsibilities as entrusted by
- the Cornell community, Board of Trustees, and University President will be able to stay in an advisory and community based accountability role to continue to support Cornell Health and the
- 136 advisory and community based accountability role to continue to support Cornell Health and the 137 Cornell Health pharmacy in overseeing this major university policy initiative and supporting the
- 138 Cornell community's wellbeing on this issue of health access, health equity, reproductive rights,
- and reproductive health;
- 140 **Be it finally resolved,** that Cornell Health and the Cornell Central Administration recognize the
- 141 hard work organizing and advocating for this issue by Planned Parenthood Generation Action
- 142 (PPGA) and other student organizations stakeholders through this pilot program, ensuring that
- 143 emergency contraceptive and other reproductive rights educational material are always included;
- 144 Respectfully Submitted,
- 145 Duncan Allen Cady
- 146 *Chair, University Assembly*
- 147 Katherine Esterl & Taisa Strouse
- 148 Planned Parenthood Generation Action, Co-Presidents
- 149 Marley Levy
- 150 Planned Parenthood Generation Action, Project Lead
- 151 Pedro Da Silveira
- 152 VP Internal Operations, Student Assembly
- 153 Shelby Williams
- 154 College of Arts and Sciences Rep, Student Assembly
- 155 Victor Wu '25
- 156 Undergraduate Voting Member, Student Health Advisory Committee
- 157 Andrew Richmond
- 158 Freshman Rep, Student Assembly
- 159 Sanvi Bhardwaj
- 160 College of Human Ecology Rep, Student Assembly
- 161 Selam Woldai
- 162 Undergraduate Student-Elected Trustee, Board of Trustees
- 163 Planned Parenthood Generation Action at Cornell



164 Appendix A – PPGA Qualtrics Survey Research

165 Q1 – I am a ...

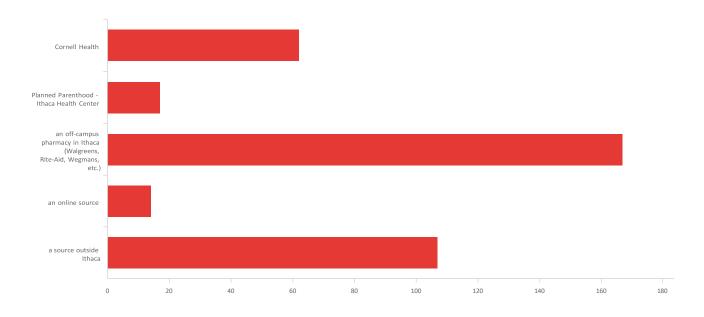
166 167

#	Field	Choice Count
1	Cornell undergraduate student	87.76% 624
2	Cornell graduate and/or professional student	3.80% 27
3	Cornell staff member	1.13% 8
4	Cornell faculty member	0.42% 3
5	non-Cornell Ithaca resident	1.41% 10
6	Other	5.49% 39
Q2 -	- Have you ever accessed emergency contraception for yourself or another person?	711

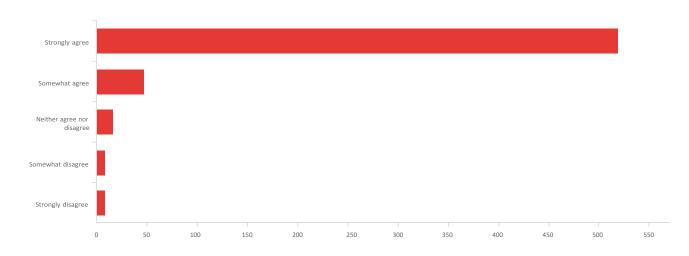
# Fie	eld	Choice Cou	int
1 Ye	25	53.34% 319)
2 No	o	46.66% 279)
Q3 – [om	nitted for relevance]	-	598



170 Q4 - I accessed emergency contraception, for myself or someone else, at ...



171172 Q5 - I would consider accessing emergency contraception for myself or another person in the future.





174 Q6 - How comfortable would you feel accessing emergency contraception, for yourself or someone else,175 from a campus vending machine operated by Cornell Health?

#	Field	Choice Count	
1	Very comfortable	66.48%	357
2	Somewhat comfortable	23.84%	128
3	Neither comfortable nor uncomfortable	2.42%	13
4	Somewhat uncomfortable	3.91%	21
5	Very uncomfortable	3.35%	18
			537



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177 Appendix B – Peer Institution Vending Machine Offerings

	Purdue	Johns Hopkins	-		George Washington
Medication:	University	University	California, Davis	College	University
Contraceptives/Sexual Wellness:					
Emergency Contraceptive (Plan B)	x	x	х	х	x
Condoms	х	х	х	х	
Pregnancy Tests	х	x	х	х	
Tampons		х	х	х	х
Pain/Fever:					
Ibuprofen (Advil)	х	x	х	х	х
Acetaminophen (Tylenol)	х	x	х	х	х
Naproxen (Aleve)		x		х	
Allergy/Cold/Cough/Flu:					
Loratadine (Claritin)	х	х	х	х	
Banophen (Benadryl)	х	х		х	
Oxymetazoline (Afrin)		х		х	
Cough Drops	х			х	
Stomach Symptoms:					
Bismuth Subsalicylate (Pepto-Bismol)	х	x		х	
Calcium Carbonate (TUMS)	х	х		х	
Dimenhydrinate (Dramamine)	х	х			
Others:					
Eye Drops (Visine)	х			х	
Ear Drops				х	
Bacitracin Zinc (Neosporin)		х			
Melatonin		x			
Terbinafine (Athlete's Foot Cream)		x			
Hydrocortisone Cream	х	х		х	