

Resolution 5: Dependable and Inclusive Supply of

Pharmaceutical and Essential Nonprescription

Supplies

4	Abstract:	This	resolution	supports	the	creation	of a	pilot	program	through	Cornell	Health	ı's
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- 5 Pharmacy for multi-unit vending machines carrying essential nonprescription medicine including
- 6 emergency contraception to increase health accessibility and health equity on campus.
- 7 Sponsored by: Michelle Heeney, Kate Carter-Cram, Shelby Williams, Duncan Cady, Katherine
- 8 Esterl, Victor Wu, Planned Parenthood Generation Action at Cornell, et al.
- 9 *Reviewed by:* Last addition, 02/07/2023.
- 10 *Originally Presented:* 02/07/2023.
- Whereas, Cornell University has long been a pioneer in advancing women's educational
- opportunities, admitting its first female student in 1870, a mere five years after the University's
- founding and nearly a century before some of our Ivy League peers like Dartmouth, Yale, and
- 14 Columbia;

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- 15 Whereas, Cornell University has also historically been a trailblazer in the study of women's issues
- and gender justice, celebrating the 50th anniversary of its Feminist, Gender, and Sexuality Studies
- department last academic year and proudly being the first school in the Ivy League to establish such
- 18 a program;
- Whereas, with the US Supreme Court's decision in Dobbs v. Jackson's Women's Health Organization last
- 20 year, reproductive rights and reproductive health access have been placed in greater jeopardy
- 21 nationwide, with many Cornell community members feeling that the need for safe and secure access
- 22 to contraceptives has increased;
- Whereas, unplanned and unexpected pregnancy can place a significant burden on students' lives,
- 24 and the National Campaign to Prevent Teen and Unplanned Pregnancy published a study finding as
- 25 high as 61 percent of pregnant female students dropped out of their academic program¹;
- Whereas, the Cornell Student Assembly has long shown strong and clear support for preserving
- 27 reproductive rights and health access for all members of the Cornell community, including as
- 28 recently as last Student Assembly body with Resolution: SA R23: Support for Reproductive Rights
- 29 adopted unanimously on September 9, 2021 (09/09/2021) specifically calling on "Cornell University
- 30 to invest more effort into educating the student body on methods of birth control and pregnancy

¹ https://www.communitycollegereview.com/blog/is-contraception-the-answer-for-college-completion-rates#:~:text=According%20to%20a%20report%20by,end%20up%20finishing%20their%20degrees



- 31 termination services available through Cornell Health and within the greater Ithaca area to empower
- 32 students with independent control over their own bodies and lives"²;
- Whereas, given the recent legislative action and judicial rulings throughout the United States, this
- moment necessitates bold and decisive action to preserve reproductive health access at all levels, in
- 35 all communities, for all people, without shame, danger, fear, or inequities;
- Whereas, equal access to essential healthcare products and services, such as over-the-counter
- 37 medicines (non-prescription), is a fundamental right of all students regardless of circumstance,
- 38 identity, or physical location;
- Whereas, Cornell Health has served as a beacon in an otherwise isolated region for students to be
- 40 treated for various concerns regardless of socioeconomic status, gender identity, expression, race,
- and other demographic factors;
- Whereas, many residents of the Cornell community live far from the Cornell Health pharmacy on
- 43 Ho Plaza, with a walk from Robert Purcell Community Center on North Campus taking
- 44 approximately 20 minutes both ways and a walk from the Vet School on East Campus taking
- 45 approximately 25 minutes both ways³;
- Whereas, the Cornell Health pharmacy operates under 50 hours a week, limited to only common
- 47 business hours six days a week⁴;
- Whereas, the medical needs of our community members do not cease with the conclusion of the
- 49 business day;
- 50 Whereas, the nearest retailers to Cornell's campus for Plan B One-Step (name brand) are CVS
- 51 Pharmacy, Walgreens, and Target⁵, all of which are more than a 30-minute walk away one way from
- 52 central campus⁶;
- Whereas, over-the-counter medications, including contraceptives, frequently force students to incur
- 54 large purchasing costs as well as often travel costs paid in time, money, and health in order to find
- such medication in proximity to Cornell's campus;
- Whereas, Planned Parenthood Generation Action (PPGA), an undergraduate student organization
- 57 registered with Cornell University Campus Groups (also affiliated with Planned Parenthood),
- 58 conducted independent research over the last semester on interests and engagement around an

² https://assembly.cornell.edu/resolutions/sa-r23-support-reproductive-rights

³ Google Maps

⁴ https://health.cornell.edu/get-care/hours

⁵ https://www.planbonestep.com/where-to-buy-plan-b/

⁶ Google Maps



- emergency contraceptive vending machine that would "discreetly", and "accessibly" offer Plan B⁷,
- 60 with all research referenced included voluntarily in Appendix A;
- Whereas, PPGA's Fall 2022 research used a Qualtrics survey with over seven hundred (700)
- of voluntary respondents across the Cornell Community⁸;
- Whereas, the survey conducted among Cornell University students revealed a significant need for
- 64 emergency contraception access on campus, with 53.3% respondents answering that they have
- accessed emergency contraception for themselves or others in the past and an overwhelming 86.8%
- of respondents answering that they "strongly agree" that they will need to access emergency
- 67 contraceptives in the future⁹;
- Whereas, current access to emergency contraception on campus is limited due to pharmacy
- operating hours, with only 16.9% of respondents accessing contraceptives through Cornell Health
- and the majority of respondents, 45.5%, being forced to rely on off-campus pharmacies that offer
- 71 less affordable and potentially cost-prohibitive options ¹⁰;
- Whereas, PPGA's survey shows a high demand for the expansion of campus-based access to
- emergency contraception, with 66.5% of respondents feeling "very comfortable" accessing
- 74 contraceptives from a vending machine operated by Cornell Health¹¹;
- 75 Whereas, this model has proven successful across other universities with Shippensburg University
- 76 in Pennsylvania became the first colleges in the United States to provide students with equal access
- 77 to contraceptives in a vending machine format in 2012^{12} ;
- 78 Whereas, the Purdue University pharmacy funds and supplies a vending machine that dispenses
- 79 common and basic over-the-counter medications such as pain relief, fever reducers, allergy relief,
- 80 cold/cough/flu medicine, gastrointestinal medicine, as well as contraceptives and other sexual
- 81 wellness products¹³;
- Whereas, peer institutions, including University of California Davis¹⁴, Boston University¹⁵,
- University of Florida¹⁶, George Washington University¹⁷, Brandeis University¹⁸, and many more¹⁹,

⁷ Appendix A – PPGA Qualtrics Survey Research

⁸ Appendix A – PPGA Qualtrics Survey Research

⁹ Appendix A – PPGA Qualtrics Survey Research

¹⁰ Appendix A – PPGA Qualtrics Survey Research

¹¹ Appendix A – PPGA Qualtrics Survey Research

¹² https://www.nytimes.com/2017/09/28/us/plan-b-vending-machine.html

¹³ https://www.purdue.edu/rx/faq.php

¹⁴ https://www.cnn.com/2017/04/21/health/davis-plan-b-machine-trnd/index.html

¹⁵ https://www.bu.edu/articles/2022/new-plan-b-vending-machine-in-gsu/

¹⁶ https://www.foxnews.com/us/university-florida-student-government-oks-plan-b-vending-machines-morning-pill

¹⁷ https://www.theguardian.com/us-news/2023/jan/30/george-washington-university-emergency-contraception-vending-machine

¹⁸ https://www.boston25news.com/news/plan-b-vending-machine-opens-at-brandeis-university/941130248/

¹⁹ https://www.bostonglobe.com/2022/07/31/metro/after-roe-v-wade-more-college-students-want-contraception-vending-machines-campus/



- have already launched similar programs in their respective campus vending machines across the
- 85 country, including in states with varying reproductive healthcare access;
- Whereas, Ivy League peer institutes like Dartmouth²⁰, Yale²¹, and Columbia²² who once followed
- 87 Cornell's leadership on issues of gender justice, all of whom were nearly a century behind Cornell in
- admitting non-male students²³, have now outpaced our campus on reproductive healthcare access;
- Whereas, Cornell has existing business relations with multiple vending machine firms with
- 90 operation in the Ithaca area, specifically having "nearly 300 vending machines throughout campus"
- 91 and "in off-campus Cornell facilities in the Ithaca area"²⁴;
- Whereas, Cornell University installed twelve (12) Vengo vending machines in 2017 in locations
- 93 such as Robert Purcell Community Center and Appel Commons that possess the capabilities to
- 94 dispense items such as Advil and other OTC medications²⁵;
- Whereas, Stanford University specifically employs a similar machine made by Vengo Labs that
- 97 provides students with twenty-four (24) access to emergency contraception and other sexual
- 98 wellness products²⁶;

- Whereas, Cornell Health's pharmacy already sells "Progestin-only emergency contraception such as
- 100 Plan B [generic], Plan B One Step, Next Choice, and Levonorgestrel Tablets... without a prescription"²⁷;
- Whereas, generic brand Plan B is currently offered at the Cornell Health pharmacy for only \$10 (ten
- dollars), nearly five (5) times less than the average price of \$40-\$50 for a single-dose pill of many
- name brands of Plan B One-Step at local major pharmacies, therefore, the installation of the
- medicine in such machines is unlikely to pose significant additional burden to the institution²⁸;
- Whereas, providing readily available over-the-counter medications through vending machines will
- ensure that all students have immediate, private, and equitable access to essential healthcare products
- 107 regardless of schedules or commitments, reducing barriers to access for students who face

²⁰ https://students.dartmouth.edu/health-service/pharmacy/vending-pharmacy-dicks-house

²¹ https://valedailynews.com/blog/2018/11/29/vcc-launches-plan-b-vending-machine/

²² https://columbiachronicle.com/437de6c1-35ae-5c44-abfb-09645ba3a1ae

²³https://rmc.library.cornell.edu/cornell150/exhibition/sexcolor/index.html#:~:text=In%20the%20fall%20of%201871,officially%20voted%20to%20admit%20women

²⁴ https://scl.cornell.edu/residential-life/dining/eateries-menus/vending-machines

²⁵ https://cornellsun.com/2017/03/07/partnership-between-vengo-labs-and-the-cornell-store-brings-new-vending-machines-around-campus/

²⁶ https://www.theverge.com/2019/2/11/18216209/contraception-campus-vending-machines-day-after-pill-plan-b

²⁷ https://health.cornell.edu/resources/health-topics/sexual-health-

relationships#:~:text=Available%20without%20a%20prescription%3A,Health%20pharmacy%20without%20a%20prescription

²⁸ https://www.plannedparenthood.org/learn/morning-after-pill-emergency-contraception/whats-plan-b-morning-after-pill#:~:text=How%20Much%20Does%20Plan%20B,online%20for%20%2420%20%2B%20%245%20shipping



- 108 difficulties obtaining such medicines due to factors like limited access to transportation and store 109 hours, and ensuring that they have the autonomy to control their own healthcare decisions; 110 **Be it therefore resolved,** that the Cornell University Assembly believes it is necessary for Cornell 111 Health to equitably expand access to over-the-counter non-prescription drugs and emergency 112 contraceptives that support the overall health and wellbeing of all community members; **Be it further resolved**, Cornell Health should follow the growing movement²⁹ of accessible 113 114 emergency contraceptive and other over-the-counter non-prescription drugs in twenty-four (24) 115 hour accessible vending machines that include products ranging from pain and fever relief, stomach 116 illness relief, and other relevant over-the-counter medication like our peer institutions³⁰; 117 Be it further resolved, the vending machines should be placed in places that are public yet still 118 discrete enough to protect the user's privacy and priced at rates that closely mirror those of the in-119 person Cornell Health pharmacy; 120 Be it further resolved, Cornell Health should include relevant accompanying educational material 121 around seasonal illness health, health promotion, mental health, sexual health (including but not 122 limited to information on STD prevention, birth control, reproductive health and the subsequent 123 available resources on reproductive right both inside Cornell Health and around the Ithaca area) 124 with vending machines to support campus wide health promotion; 125 Be it further resolved, the co-signed hope that the Cornell University Assemblies and Shared 126 Governance system, in accordance with their receptive charted responsibilities as entrusted by the 127 Cornell community, Board of Trustees, and University President will be able to stay in an advisory 128 and community based accountability role to continue to support Cornell Health and the Cornell 129 Health pharmacy in overseeing this major university policy initiative and supporting the Cornell 130 community's wellbeing on this issue of health access, health equity, reproductive rights, and 131 reproductive health; 132 Be it finally resolved, that Cornell Health and the Cornell Central Administration recognize the 133 hard work organizing and advocating for this issue by Planned Parenthood Generation Action 134 (PPGA) and other student organizations stakeholders through this pilot program, ensuring that 135 emergency contraceptive and other reproductive rights educational material are always included; 136 Respectfully Submitted, 137 138 Shelby Williams 139 Student Assembly Rep and Undergraduate Rep, University Assembly 140 141 Michelle Heeney
 - ²⁹ https://www.bloomberg.com/news/newsletters/2022-09-01/emergency-contraception-is-coming-to-us-vending-machines

Vice President for Communications of Graduate and Professional Student Assembly

³⁰ Appendix B – Peer Institution Vending Machine Offerings



143	
144	Kate Carter-Cram
145	President of Graduate and Professional Student Assembly
146	
147	Duncan Allen Cady
148	Chair, University Assembly
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150	Katherine Esterl, Taisa Strouse, & Marley Levy
151	Planned Parenthood Generation Action at Cornell, Co-President & Project Lead
152	
153	Victor Wu
154	Undergraduate Voting Member, Student Health Advisory Committee
155	
156	Selam Woldai
157	Undergraduate Student-Elected Trustee, Board of Trustees
158	Planned Parenthood Generation Action at Cornell



159 Appendix A – PPGA Qualtrics Survey Research

160 Q1 - I am a ...

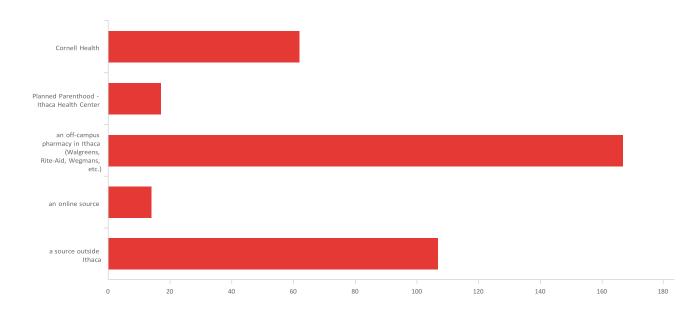
#	Field	Choice Count
1	Cornell undergraduate student	87.76% 624
2	Cornell graduate and/or professional student	3.80% 27
3	Cornell staff member	1.13% 8
4	Cornell faculty member	0.42% 3
5	non-Cornell Ithaca resident	1.41% 10
6	Other	5.49% 39
00		711

161 162 Q2 - Have you ever accessed emergency contraception for yourself or another person?

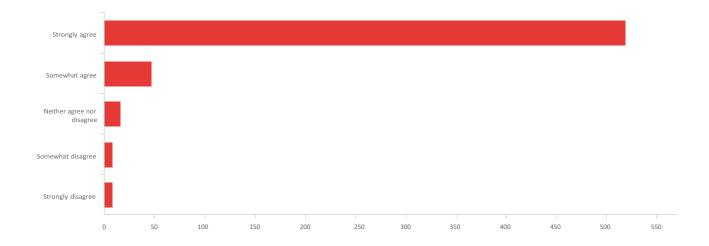
#	Field	Choice Count
1	Yes	53.34% 319
2	No	46.66% 279
		508

164 Q3 – [omitted for relevance]

165 Q4 - I accessed emergency contraception, for myself or someone else, at ...



Q5 - I would consider accessing emergency contraception for myself or another person in the future.





Q6 - How comfortable would you feel accessing emergency contraception, for yourself or someone else,
from a campus vending machine operated by Cornell Health?

#	Field	Choice Co	ount
1	Very comfortable	66.48%	357
2	Somewhat comfortable	23.84%	128
3	Neither comfortable nor uncomfortable	2.42%	13
4	Somewhat uncomfortable	3.91%	21
5	Very uncomfortable	3.35%	18
			537



172 Appendix B – Peer Institution Vending Machine Offerings

	Purdue	Johns Hopkins	University of	Dartmouth	George Washington	
Medication:	University	University	California, Davis		University	
Contraceptives/Sexual Wellness:						
Emergency Contraceptive (Plan B)	Х	x	х	х	x	
Condoms	Х	х	х	Х		
Pregnancy Tests	Х	х	Х	х		
Tampons		х	Х	х	Х	
Pain/Fever:						
Ibuprofen (Advil)	Х	х	х	Х	Х	
Acetaminophen (Tylenol)	Х	х	х	х	Х	
Naproxen (Aleve)		х		х		
Allergy/Cold/Cough/Flu:						
Loratadine (Claritin)	Х	х	Х	Х		
Banophen (Benadryl)	Х	х		Х		
Oxymetazoline (Afrin)		Х		Х		
Cough Drops	Х			Х		
Stomach Symptoms:						
Bismuth Subsalicylate (Pepto-Bismol)	Х	х		х		
Calcium Carbonate (TUMS)	Х	х		Х		
Dimenhydrinate (Dramamine)	Х	х				
Others:						
Eye Drops (Visine)	Х			Х		
Ear Drops				х		
Bacitracin Zinc (Neosporin)		х				
Melatonin		х				
Terbinafine (Athlete's Foot Cream)		х				
Hydrocortisone Cream	Х	х		Х		